



**Parish Catechists needed:** Are you a faith-filled person willing to help our parish children grow in the love of their catholic faith? Can you spare some time to work/pray with our young people? **For more information please contact Meave Gilchrist, Chair, PPC, 07742820018.**

**The St Brigid's Day Lecture** will be given by **Fr Tom Layden, S.J.** Fr Layden is a Jesuit priest, living and working in Belfast. The theme of his lecture, **"The Nicene Creed: A foundation for Ecumenism"**, is based on Pope Leo XVI's address at Nicaea. **The Lecture will be in St Brigid's Parish Centre, Derryvolgie Avenue, Belfast BT9 6FP, on Sunday 8<sup>th</sup> February, at 4.00pm. All welcome.**

**Anam Cara**, the organisation that supports bereaved parents, will hold its monthly Parent Support Evening on **Monday 9<sup>th</sup> February at 7.30pm in the Crowne Plaza, Shaws Bridge, Belfast.** This event is free and open to all bereaved parents regardless of the age your child died, the circumstances of their death, or how recent their death was. You do not need to register in advance. We also offer an online support group meeting. **To find out more call 01 4045378 or email [info@anamcara.ie](mailto:info@anamcara.ie)**

**Spiritual Exercises: 5 Day Silent Ignatian Retreat for Men**, led Benedictine monks from St. Joseph Abbey, in France. Starts Thursday 30<sup>th</sup> April (3pm). Benburb Priory, Co. Tyrone. €450 (all meals & single room included). Daily Mass - Ordinary Form (Latin & ad orientem). Discover the strength that only comes when you stop running and let God speak. Book at: <https://soutenir.clairval.com/retreat-benburb-priory>.

**Join the inaugural Stella Maris Lourdes Pilgrimage: Mon 25 – Sat 30 May 2026.** We warmly welcome serving or retired seafarers, fishers and their family members or carers to spend six grace-filled days of prayer, healing, and fellowship in the beautiful sanctuary of Our Lady of Lourdes. **This pilgrimage will be fully funded (including travel, accommodation, and meals).** **To register your interest, or request further information please contact:** Dcn. John Fogarty: [john.fogarty@stellamarismail.org](mailto:john.fogarty@stellamarismail.org) | 07986723015. Hugh Ramsay: [hugh.ramsay@stellamarismail.org](mailto:hugh.ramsay@stellamarismail.org) | 07432654032

**Down & Connor Lourdes Pilgrimage 9<sup>th</sup> - 14<sup>th</sup> July 2026:** We are seeking doctors, registered nurses and volunteers to care for pilgrims who need medical, nursing, personal care or assistance to make their pilgrimage to Lourdes possible. New members are welcome for our medical, nursing brancardier (adult male helpers) and handmaiden (adult female helpers) teams. For more information please email your contact details [tolourdes@downandconnor.org](mailto:tolourdes@downandconnor.org). Details of the Youth Team applications will be circulated in February as usual.

**Medjugorje Pilgrimage 29<sup>th</sup> July-5<sup>th</sup> August 2026** - an opportunity to experience the Peace of Medjugorje and the absolute Joy of our faith with the Mladifest Youth Festival. 7 nights £755 pps (£705 with January discount). **Contact Éadaoin for details 07706288095.**